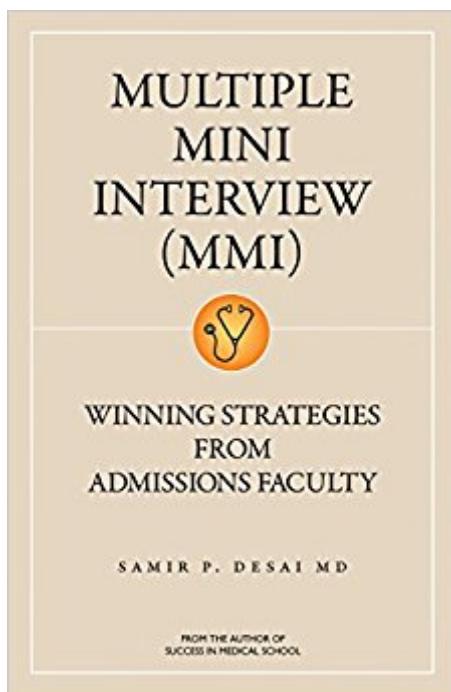


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# Multiple Mini Interview (MMI): Winning Strategies From Admissions Faculty



## **Synopsis**

The Multiple Mini Interview (MMI) has become the preferred interview format at many health professions programs and medical schools. Applicants seeking admission to these schools face considerable anxiety preparing for these interviews because of a lack of resources available for guidance. Our detailed advice, based on evidence from research in the field and perspectives of admissions faculty, will provide you with the insiders' perspective. Inside-How can you best prepare for the MMI? What is required to deliver a winning interview performance? The MMI was developed to measure specific non-cognitive qualities that schools have deemed important. What are these qualities, and how can students emphasize them during interviews? Which behaviors, attitudes, and answers are prized by interviewers? In one study, 10% of interviewees rated the MMI as worse than the traditional interview. What were their concerns? At one school, 12% of interviewed candidates received a "Do Not Recommend" rating each year. What are the behaviors and attitudes that lead schools to reject applicants? What is "assessor fatigue," and how can it affect your MMI score? Your interview score will depend heavily on your communication skills. What are the common communication problems encountered during the MMI? How can you use the limited time that you have at each station to deliver memorable and impressive responses that stand out? Includes sample answers to MMI questions and advice to help you avoid common mistakes Utilizing a unique combination of evidence-based advice and an insiders' perspective, this book will help you achieve your ultimate goal. MEDICAL SCHOOL

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## **Customer Reviews**

I am a health communication professor and I work closely with the university's premed program. I sometimes do trainings prepping the students for their med school interviews and many of my students have been successfully admitted to med school. I have found this book, along withÃ  The Medical School Interview: Winning Strategies from Admissions FacultyÃ  to be the 2 essential books of prepping for med school. The best thing you can do for yourself is buying these 2 books, reading them thoroughly, and practicing more than once. Start with the other one, and then if you are informed that you will have an MMI, go ahead and read this one. If you won't have an MMI, still browse through this one because it gives you interesting ethical questions to think on, which should get your medical communication juices flowing and ready for an interview!As someone who helps train prospective med school students, I want to emphasize that whatever book you buy, you need to practice. Practice out loud and hopefully to another person who is listening to you and providing feedback.

Get this book! And start reading it EARLY. There is advice within its pages that goes beyond just MMI preparation and can be useful for anyone preparing to embark on the journey to med school.A word about MMI: they are quite unpredictable and differ slightly from school to school. When you are prepared and well versed in the types of things they can ask you about, you stand a chance of separating yourself from the crowd of other highly qualified candidates. That is why starting early is important. You don't want to sound too rehearsed and overthought. Though there is some information about multiple mini interviews online, it is scattered and spread across US and Canadian schools. I was a little confused about what was relevant and what was not.Enter this book:I got a consolidated and well thought out resource to reference as I was preparing for interviews this cycle. I used the advice and practice questions to prepare and they were useful not only for schools that had an MMI style but for traditional interviews as well. I felt confident in my understanding of the format and had enough time to research/explore topics that I was not as comfortable with (ex: what are your thoughts on physician assisted suicide (NOTE: not an exact

MMI question)). So my advice is: buy the book, dive in early, and DO. THE. WORK. (don't just scan the pages). As a bonus, at the end of the book there is information about how to further prepare one on one with the author, Dr. Dasai. I would highly recommend taking the plunge. Trust me. Its worth it.

With the MMI being a relatively new interview format, I struggled to find clear resources on how to prepare for it. Many of my friends said there wasn't a way to prepare. However, Dr. Desai's book is a must read for an applicant with an MMI, or one taking the CASPER exam. The organization and content are second to none, and he provides instructions on how to guide your thought process to respond efficiently and thoroughly to the various stations. I am confident my MMI performance is enhanced because of this book.

If you're interviewing at a medical school using the MMI, this is the book for you! Well written and superbly organized, this book is filled with detailed information. It will show you exactly how to perform during your MMI. I liked how the author backed up his recommendations with the perspectives of admissions officials and findings from research. The practice scenarios are great, and cover important ethical topics like organ donation, transplant, end of life care, and patient confidentiality. Highly recommended!

I highly recommend this book to anyone trying to prepare for the Multiple Mini Interview and even current medical students and practicing professionals. Dr. Desai breaks down the MMI into its components and lays out an approach that can be used for any MMI scenario - or real-life difficult patient interaction. He also discusses important ethical issues in medicine. I just had an MMI and I can say that this book was IMMENSELY helpful!

Good strategies, some a little overkill. Good preparation if you've never been through an MMI

Great generalized advice for the MMI. This book helped me navigate through what is important in a response and what is expected of you as an interviewee. Great scenarios for practice with solutions provided. Wasn't a fan of the final chapters being excerpts from other books.

Pretty good book but parts of it can be pretty repetitive. There are parts where the answers sound a bit awkward if stated out loud - the introduction part of "do you think I have a good understanding of

the prompt". In my MMIs I found it better to lay out the issues and discuss them rather than start with this.

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